

Eucharistic Revival Prayer

Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ,
who promised to stay with us always, until the end of the age.

Reawaken our wonder at His presence in the Most Holy Eucharist.

May our hearts burn within us as He opens the Scriptures and breaks the bread.

Give us the eyes of faith to recognize His presence in our brothers and sisters,
especially in the face of the poor and the suffering.

Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples,
proclaiming the Gospel to every heart and extending Your kingdom to every land.

We ask this through Christ our Lord.

Amen.

*Most Reverend José H. Gomez, Archbishop of Los Angeles,
June 1, 2022*

Secrets of the Saints: 6 Powerful Prayers to Jesus in the Eucharist

1) Saint Ignatius of Loyola – Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.

Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy Wounds, hide me.
Suffer me not to be separated from Thee.

From the malignant enemy, defend me. I
n the hour of my death, call me.
And bid me come to Thee.
That with Thy saints I may praise Thee.
Forever and ever.

Amen.

2) Saint Catherine of Siena – A Prayer to Jesus in the Eucharist

O boundless charity! Just as You gave us yourself, wholly God and wholly man, so You left us all of yourself as food so that while we are pilgrims in this life, we might not collapse in our weariness, but be strengthened by You, Heavenly Food.

O, mercenary people! And what has your God left you? He has left you himself, wholly God and wholly man, hidden under the whiteness of this bread.

O fire of love! Was it not enough to gift us with creation in Your image and likeness, and to create us anew to grace in Your Son's blood, without giving us Yourself as food, the whole of divine being, the whole of God?

What drove You? Nothing but Your charity, mad with love as You are!

3) Saint Bonaventure – Grant that my soul may hunger after Thee

Pierce, O most sweet Lord Jesus Christ, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee.

Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and super substantial bread, having all sweetness and savor and every delight of taste.

Let my heart ever hunger after and feed upon Thee, whom the angels desire to look upon, and may my inmost soul be filled with the sweetness of Thy savor.

May it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the House of God.

May it ever compass Thee, seek Thee, find Thee, run to Thee, attain to Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy Holy Name, with humility and discretion, with love and delight, with readiness and affection, and with perseverance unto the end.

Be Thou alone ever my hope and my whole confidence, my riches, my delight, my pleasure, and my joy; my rest and tranquility; my peace,

my sweetness, and my fragrance; my sweet savor, my food, and refreshment; my refuge and my help; my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be ever fixed and firm, and rooted immovable.

Amen.

4) Saint Padre Pio – Prayer After Holy Communion

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You. Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often. Stay with me, Lord, for You are my life, and without You I am without fervor. Stay with me, Lord, for You are my light, and without You I am in darkness.

Stay with me, Lord, to show me Your will. Stay with me, Lord, so that I hear Your voice and follow You. Stay with me, Lord, for I desire to love You very much and always be in Your company. Stay with me, Lord, if You wish me to be faithful to You. Stay with me, Lord, as poor as my soul is I want it to be a place of consolation for You, a nest of Love.

Stay with me, Jesus, for it is getting late and the day is coming to a close, and life passes, and death, judgment, and eternity approaches. It is necessary to renew my strength, so that I will not stop along the way, and for that, I need You. It is getting late and death approaches, I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need You, my Jesus, in this night of exile!

Stay with me tonight, Jesus, in life with all its dangers, I need You.

Let me recognize You as Your disciples did at the breaking of the bread so that the Eucharistic Communion be the Light which disperses the darkness, the force which sustains me, the unique joy of my heart.

Stay with me, Lord, because at the hour of my death, I want to remain united to You, if not by Communion, at least by grace and love.

Stay with me, Lord, for it is You alone I look for, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more.

With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity.

Amen.

5) Saint Alphonsus Liguori – To Jesus in the Blessed Sacrament

My Lord Jesus Christ, Who, through the love which You bear toward men, does remain with them day and night in this Sacrament, full of mercy and love, awaiting, inviting, and receiving all who come to visit You, I believe that You are present in the Sacrament of the Altar.

From the abyss of my nothingness, I adore You. I thank You for all the graces which You have bestowed upon me, particularly for having given me Yourself in this Sacrament, for having given me Your most holy Mother Mary for my advocate, and for having called me to visit You in this church.

I pay my homage to Your most loving Heart for these three ends: first in thanksgiving for this great Gift; second to make amends to You for all the outrages which You do receive in this Sacrament from all Your enemies; third I intend by this visit to adore You in all the places on earth in which You are present in this Sacrament and in which You are the least honored and the most abandoned.

My Jesus, I love You with my whole heart. I am sorry for having offended Your infinite goodness so many times. I purpose, with the

help of Your grace, never more to offend You; and, at this moment, miserable as I am, I consecrate my whole being to You.

I give You my entire will, all my affections and desires, and all that I have. From this day forward, do what You will with me and with everything that belongs to me.

I ask and desire only Your holy love, the gift of final perseverance, and the perfect fulfillment of Your will. I commend to You the souls in Purgatory, particularly those who were most devoted to the Most Blessed Sacrament and to the Blessed Virgin Mary; and I also commend to You all poor sinners.

Finally, my dear Savior, I unite all my affections with the affections of Your most loving Heart; and thus united, I offer them to Your Eternal Father, and I entreat Him, in Your Name and for Your sake, to accept and answer them.

Amen.

6) Saint Faustina – Before Jesus in the Blessed Sacrament

I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed Your beauty, my eye, enlightened by faith, reaches You and my soul recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration.

My Lord and Creator, Your goodness encourages me to converse with You. Your mercy abolishes the chasm which separates the Creator

from the creature. To converse with You, O Lord, is the delight of my heart. In You I find everything that my heart could desire. Here You light illumines my mind, enabling it to know You more and more deeply. Here streams of graces flow down upon my heart. Here my soul draws eternal life. O my Lord and Creator, You alone, beyond all these gifts, give Your own self to me and unite Yourself intimately with Your miserable creature.

O Christ, let my greatest delight be to see You loved and Your praise and glory proclaimed, especially the honor of Your mercy. O Christ, let me glorify Your goodness and mercy to the last moment of my life, with every drop of my blood and every beat of my heart. Would that I be transformed into a hymn of adoration of You. When I find myself on my deathbed, may the last beat of my heart be a loving hymn glorifying Your unfathomable mercy. Amen.

<https://www.churchpop.com/secrets-of-the-saints-6-powerful-prayers-to-jesus-in-the-eucharist/>

Blessed Carlo Acutis Quotes:

“Do not be afraid because with the Incarnation of Jesus, death becomes life, and there’s no need to escape: in eternal life, something extraordinary awaits us.”

“The more Eucharist we receive, the more we will become like Jesus, so that on this earth we will have a foretaste of heaven.”

“Our goal must be infinite, not the finite. The infinite is our homeland. Heaven has been waiting for us forever.”

Eucharistic Scriptures

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, “Take and

eat; this is my body.” Then he took a cup, and when he had given thanks, he gave it to them, saying, “Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father’s kingdom.”

Matthew 26:17-30

(Jesus said) “For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him.”

John 6:53-57

Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him.

He asked them, “What are you discussing as you walk along?”

They stopped, looking downcast. One of them, named Cleopas, said to him in reply, “Are you the only visitor to Jerusalem who does not know of the things that have taken place there in these days?”

And he replied to them, “What sort of things?”

They said to him, “The things that happened to Jesus the Nazarene, who was a prophet mighty in deed and word before God and all the people, how our chief priests and rulers both handed him over to a sentence of death and crucified him. But we

were hoping that he would be the one to redeem Israel; and besides all this, it is now the third day since this took place. Some women from our group, however, have astounded us: they were at the tomb early in the morning and did not find his body; they came back and reported that they had indeed seen a vision of angels who announced that he was alive. Then some of those with us went to the tomb and found things just as the women had described, but him they did not see.”

And he said to them, “Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into his glory?” Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures.

As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, “Stay with us, for it is nearly evening and the day is almost over.” So he went in to stay with them.

And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, “Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us?”

So they set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, “The Lord has truly been raised and has appeared to Simon!” Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

Luke 24:13-35

On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, his disciples said to him, "Where do you want us to go and prepare for you to eat the Passover?" He sent two of his disciples and said to them, "Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, 'The Teacher says, "Where is my guest room where I may eat the Passover with my disciples?"'" Then he will show you a large upper room furnished and ready. Make the preparations for us there." The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.*

While they were eating, he took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body."³ Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." Then, after singing a hymn,* they went out to the Mount of Olives.*

Mk 14:12-16, 22-26

The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?

Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

1 Corinthians 10:16-17